

**Michigan Foot & Ankle Center  
Gary L. Cesar, DPM., P.C.  
Court One Medical Professional Building  
1515 Lake Lansing Rd. Suite B-!  
Lansing, MI 48912  
(517)487-5171**

**Laser Surgery Care Sheet**

1. The anesthetic will wear off gradually over the next 30 to 60 Minutes. Tenderness will slowly be noticed over that time.
2. For the most comfort, elevation of the wound site is best tolerated. That is, if the wound is on your foot, elevating it is a chair with 2 or 3 pillows or on a lazy boy chair. If it is on your hand, then elevating it higher than your heart for the next several hours are necessary.
3. Analgesics such as Tylenol should be more than adequate for pain.
4. The wound will become slightly warm, tender and red over the next several days.
5. The wound takes approximately 3 to 4 weeks to heal completely.
6. Activity is as tolerated. If it hurts, don't do it!
7. Wound care consists of twice a day washing with soap and water. The wound is allowed to dry, and then a mild antibiotic ointment should be applied topically. Some of these topical antibiotics are Polysporin Ointment or Mycitracin Ointment. If anything out of the ordinary occurs, don't hesitate to give us a call.